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Date: 9/27/17

Topic: Senior Care in 2030: What Trends and Demographics Tell Us About the Future

Sponsor: Brookdale of Lisle

Location/Time: Brookdale of Lisle, 1700 Robin Ln., Lisle, IL / 5:30-7:00 PM

Contact/Registration: email contactus@lcius.com

Date: 10/5/17

Topic: The New DNR/POLST: The Real Deal on End-of-Life Wishes

Sponsor: Brookdale of Glen Ellyn

Location/Time: Brookdale of Glen Ellyn, 60 North Nicoll Ave., Glen Ellyn, IL / 5:30-7:00 PM

Contact/Registration: email contactus@lcius.com

Date: 10/26/17

Topic: Senior Care in 2030: What Trends and Demographics Tell Us About the Future

Sponsor: Belmont Village of Carol Stream

Location/Time: Belmont Village of Carol Stream, 545 Belmont Lane, Carol Stream, IL / 8:00-10:00 AM

Contact/Registration: email contactus@lcius.com

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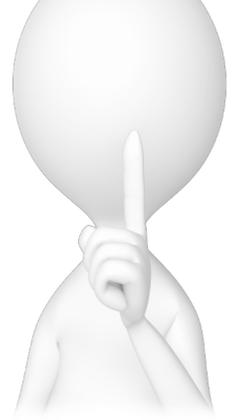
**The Secrets They Keep:
The Innermost Fears, Facts and Feelings Seniors
Don't Share and How to Address Them**

Jennifer Axelson, LCSW, CCM, MSCC, CLCP

Martha Kern



The things we worry about, and the secrets we keep, evolve as we move through life's many stages. We might like to think that by the time we've raised our children, left the world of full-time employment, and relaxed into retirement, there would be few reasons to worry or withhold information from others.



Seniors do, however, worry. Seniors also harbor secrets.

The fierce desire to run their own lives, make their own decisions, go where they want to go and live the way they want to live may inspire the withholding of information. The worry is that if loved ones or service providers know about certain issues, they might try to fix them...and fixing the issue might involve a loss of control on the part of the senior, a reduction of independence, a slow slide down the slippery slope of enfeeblement. [Continue Reading](#)

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Technology Poised to Make Seniors' Lives Easier

Ben Neiburger

Ben Neiburger of Generation Law in Elmhurst offers here some insights on the growing role of technology in the lives of seniors, and the way these technologies might increase independence and diminish social isolation. Ben is an attorney and CPA who regularly writes about current issues impacting seniors, and who granted permission to share this article.

The promise of new technologies enhancing the lives of senior citizens is something that always seemed to be sitting just over the horizon. "Just you wait - tomorrow will be better!"

I read a [recent NASDAQ article](#) that pointed out some specific technologies that are around today are very close to fulfilling the dream of making life better for seniors and their families.

One particular technology developed for gaming is currently being repurposed for seniors to help them avoid social isolation. Can you guess what it is? If you said Virtual Reality headsets then you'd be right on.

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"We Thought She Was Sleeping"

Shay Jacobson, RN, MA, NMG, LNCC, CNLCP

Martha Kern

Jennifer Gazda, LCSW



The sisters had lived with their mother for most of their adult lives.

Sadly, for at least five days of this timespan, their mother was dead.

Marge and Annie stayed in the home with their mother's body until police made this discovery during a wellness check. They may well have suspected she was dead but feared, perhaps, that reporting such a thing would lead to some kind of trouble for them. It's possible they didn't know how, or to whom, a death might be reported. It's also possible that the idea of their mother's death was too much for them to process so they willfully convinced themselves she was sleeping. [Continue Reading](#)

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Sincerely,

Martha Kern, Chief Marketing Officer

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