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## Mark Your Calendars

**Date:** 8/2/17

**Topic:** Senior Care in 2030: What Trends and Demographics Tell Us About the Future

**Sponsor:** Belmont Village

**Location/Time:** Belmont Village, 500 McHenry Rd, Buffalo Grove, IL / 8:00-9:30 AM

**Contact/Registration:** email [contactus@lcius.com](mailto:contactus@lcius.com)

**Date:** 9/27/17

**Topic:** Senior Care in 2030: What Trends and Demographics Tell Us About the Future

**Sponsor:** Brookdale of Lisle

**Location/Time:** Brookdale of Lisle, 1700 Robin Ln., Lisle, IL / 5:30-7:00 PM

**Contact/Registration:** email [contactus@lcius.com](mailto:contactus@lcius.com)

**Date:** 10/5/17

**Topic:** The New DNR/POLST: The Real Deal on End-of-Life Wishes

**Sponsor:** Brookdale of Glen Ellyn

**Location/Time:** Brookdale of Glen Ellyn, 60 North Nicoll Ave., Glen Ellyn, IL / 5:30-7:00 PM

**Contact/Registration:** email [contactus@lcius.com](mailto:contactus@lcius.com)

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## Informal Caregiving: The Real Costs, Risks and Considerations

Jennifer Axelson, LCSW, CCM, MSCC, CLCP

Martha Kern



The role of "caregiver" can sneak up on us. It's not necessarily something we *plan* to do. But when a parent grows old and needful, a spouse has a sudden health setback, or a friend/neighbor is visibly struggling, it's both easy and natural to offer support. It may begin with an hour or so per week, and slowly blossom into 20, 40 or even more hours of care. Quite unexpectedly, and with little or no planning, we find ourselves in the role of informal caregiver.



Also falling under the umbrella of informal caregiving is the arrangement made with an acquaintance or "freelance" caregiver who is not affiliated with an agency. They are paid, though at a lesser rate than professional caregivers, and without the comforting structure of a service agreement, insurance or formal payroll.

In either scenario, both caregiver and client/payer should be aware of the costs and risks associated with the informal arrangement, and should go into it with their eyes open. [Continue Reading](#)

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## New CEU Topics for a New Season



Whether you're seeking a CEU presentation for professionals or would like to invite members of the community to learn more about a topic of interest, we offer thoughtful and wide-ranging subjects which can be adapted for any audience. Lifecare Innovations furnishes all the necessary paperwork and is equipped with A/V equipment to make presentations a snap.

As always, there is **no charge** to the sponsor or participants.



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## Looking for Friends in All the Wrong Places: The Fine Line Between Incompetence and Poor Judgment

**Shay Jacobson, RN, MA, NMG, LNCC, CNLCP**  
**Martha Kern**



Eleanor proudly told us she lived alone, but that wasn't entirely true.

In the night, people came and went through the door she left unlocked.

During the day, people also came and went, most of whom were on the unofficial cash payroll Eleanor had developed to ensure her needs were met. There were caregivers. There was a personal organizer and another person who paid bills. If additional services were needed, Eleanor simply hung a sign in the hallway of her high-rise building to advertise for help.

From Eleanor's perspective, this system worked rather well. She had people in the building, unofficially on-call, who she could summon at a moment's notice for help. She had effectively found a way to have 24-hour care without actually allowing someone to live in her space.

There were, however, problems with the system. [Continue Reading](#)

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Sincerely,

Martha Kern, Chief Marketing Officer

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