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Date: 3/13/18

Topic: The Senior Experience: What We Think it is, What it Really is, and How We Can Make it Better

Sponsor: [Villa St. Benedict](#)

Location/Time: Villa St. Benedict, 5450 Subiaco Dr., Lisle, IL / 5:00-6:30 PM

Contact/Registration: email contactus@lcius.com

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On-Again, Off-Again: A Love/Hate Relationship with Psychiatric Medication

Jennifer Gazda, LCSW
Martha Kern

Angie was living in her car when we first met her.

Having been evicted from a subsidized apartment for disruptive conduct, and having seen a brief stint in her father's home culminate in police intervention, Angie had run out of places to go.

Angie has experienced over 30 psychiatric hospitalizations in the 15 or so years since her schizoaffective diagnosis in college. She has been arrested for an array of minor crimes. She is denied visitation with her two children. Her relationships are damaged and her environment a mess. [Continue Reading](#)



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Weeding the Garden: Thinning

Personal Property in the Second Half of Life





**Shay Jacobson, RN, MA, NMG, LNCC, CNLCP
Martha Kern**



In its own unique way, personal property tells the story of life. The first half of life is about acquiring as much personal property as we can reasonably house, and the second half is about trying to get rid of it all.

As young adults, we acquire our own places to live and rush to fill these yawning, empty spaces. If we're lucky, we prosper, have families and move to ever larger quarters. These new spaces call for more furniture and decoration, and the children clamor for more toys and accessories. Many of us go on to fill garages, sheds and storage units, as well.

Eventually, the day comes when the children launch and begin their own acquisition campaigns. The parents, now entering the second half of life, begin to contemplate downsizing so they can spend more time traveling and less time vacuuming. [Continue Reading](#)

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Three Tips for Estate Plans that Treat Family Members Differently

**Ben Neiburger, J.D., C.P.A
Generation Law**

Ben Neiburger of Generation Law in Elmhurst develops estate plans and otherwise offers legal counsel to his many clients. With Ben's kind permission, we share this article that spotlights the complexities that can emerge when family members discover and respond to unequal treatment in an estate plan.



It can be tough to relate to the estate battles of celebrities like [Prince](#), [B.B. King](#) or [Alan Thicke](#). They earned millions over their lifetimes; most of us are lucky to have anything left in the bank after paying our holiday credit card bills.

But in one way, these celebrities are "Just Like Us!" Many make avoidable estate planning mistakes that lead to big fights between family members over their stuff. [Continue Reading](#)

Sincerely,

Martha Kern, Chief Marketing Officer

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